

#### ABOUT

The Joe Cosley Pancake Ride was born out the ideas of others, a community collaboration of sorts. There was that one route everybody had talked about for years, "the classic" loop through the Whitefish Range starting and ending in Whitefish. Pedaling up the westside of the range, over Red Meadow Pass and back down the eastside and finishing back in town.

But it didn't begin to scratch the surface of what the Whitefish Range had to offer. With the thought and knowledge that Joe Cosley had once run from Polebridge to the Waterton Township, some 35 miles of trail, across the Continental Divide, dodging Grizzly Bears the whole way, just to have a dance with lady friend he had an admiration for. Then only to reverse his travels after several dances back to Polebridge, totaling 70 miles, just to "shake a leg". The thought was why stop at "classic", So the initial Pancake Ride was mapped out criss crossing the Whitefish Range, visiting the top of the Big Mountain, Werner Peak Lookout, crossing the divide twice, with a total milage of 142 miles with +/- 15k of up and down.

That first year set the stage. Since that first edition the Joe Cosley Pancake Ride has explored uncharted territory in each edition, weaving its way through the Whitefish and Salish Mountain Ranges. The J.C.P.R. had rolled over 1200 miles of mixed surfaces, 25 miles of hike-a-bike, 4 Forest Service Lookouts, 5 mountain tops and accumulated over 120,000 feet of elevation loss and gain. Never stop exploring.

And that was the whole idea of the ride, was to get out and pedal, to explore the vast network of roads crossing the landscape in the northwest corner of Montana. This was also an excuse for the Cosley Management Crew to pedal also, in which the first three editions they did. We then decided to try and offer a bit more to the ride, and took on more of a supportive role offering a pancake breakfast, aid stations, beer and food.... This year though we are going back to the original concept, "everybody pedals".

#### Participation Donation

This is an event being put on for the community, not financial gain. Nobody pockets any change. You get what you pay for, and nothing more. In the past there has been an participation fee of sorts, depending on what has been offered. Although the Joe Cosley Pancake Ride is free to enter, it does take money to make the event happen. Donations from participants are greatly appreciated.

Where does your donation go? It goes to direct operating cost; Website hosting, domain name, aid station snacks, J.C.P.R. paraphernalia, hats, patches, beer, ice, Coke, host fees, printing, posters, bottle openers.... Also the ride is set up to support local not profits with direct donations and any monies left over from operating cost are also donated. Over the past 8 years the J.C.P.R. has supported the Rocky Mountain Hope Foundation, The Abbey Shelter, Flathead Youth Homes, and Nate Chute Foundation.

You should support the local businesses that help make the Pancake Ride Possible, <u>Glacier</u> <u>Cyclery and Nordic</u>, <u>Glacier Distilling Company</u>, <u>Spotted Bear Spirits</u>, <u>Trego Pub and General</u> <u>Store</u>. If you pedal bikes, you should also support <u>Astral Cycling</u>, <u>Rolf Prima Wheel Systems</u>, and <u>White Industries - Precision Bicycle Components</u>. These companies make really great wheels and components, all in the U.S.

#### A Few Simple Rules

#### Rules

The J.C.P.R is a self supported adventure on the gravel and back roads of Northwest Montana. The primary rule is that you are responsible for yourself. Nothing more than the route will be provided to you. In the likely event of a DNF, you are required to find your own way home. You are expected to follow all laws accordingly, conduct yourself in traffic in a safe and legal manner, respond to changes in the weather and road conditions with your personal safety as the primary concern, be a responsible citizen, and be a nice person to everyone. These are the highlights, below are some specifics.

### REPONSIBILITIES

1. The Pancake Ride will occur regardless of weather conditions. Expect horrible weather and you won't be disappointed or ill prepared. Be prepared for extremes of temperature and precipitation regardless of the weather forecast.

2. Be a nice person. Participants must always conduct themselves in a manner that will not bring discredit to themselves, the event, or the promoters. Any misconduct will result in your ability to participate in any future Pancake Rides.

3. Participants must obey all applicable city, county, state, and federal laws. Stop at stop signs and lights, yield to vehicles, livestock, wildlife, and pedestrians when necessary. Share the road.

4. Yield to ALL emergency vehicles. Failure to yield any emergency vehicle or failing to obey instructions given by emergency personnel will result in immediate disqualification.

5. You are on your own! You alone are responsible for your personal safety. Respond to changes in weather and road conditions with your personal safety and the safety of those around you as your primary concern.

6. Each participant is considered to be on a private excursion and remains solely responsible for any accidents in which he or she may be involved. No responsibility can be accepted for participants becoming lost, stranded, injured, or worse.

#### ROUTE AND CHECKPOINTS

7. Each edition of the Pancake Ride explores a new route. Specific information will be presented that specifically addresses the current route. Navigation will be provided in the form of a GPS file and cue cards (provided in case your bike computer has an issue, or you forget to upload the route. Please read the rider emails for specifics. There will be no route markings, and the route is 100% open to traffic. Directional and Roadway Name signs are often missing or illegible. Every effort will be made to ensure the cue sheets are accurate, and if followed, will ensure that you remain on route.

8. There will be checkpoint(s) located along the route. You must stop and verify that you were at an established check point.

9. The route must be followed at all times. No shortcuts or alternate routes are permitted. Trespassing or deviating from the planned route will result in disqualification.

12. A participants may not advance along the route by any means other than by bicycle or by foot. Accepting a ride means that you are withdrawing from the event.

## EQUIPMENT

13. Participants must start and complete the entire course on the same bicycle frame. All other components and equipment may be repaired or replaced\* during the event.

14. While operating their bicycle, participants must wear a securely fastened helmet that meets the U.S. Consumer Product Safety Commission (CPSC) standard for bicycle helmets.

15. All participants must have at least one clear front headlight and one red tail light mounted on their bike for the duration of the event. No lights on between dusk and dawn will result in disqualification.

18. No e-bikes, electric assist, nor anything other than a 100% human powered bicycle is allowed.

#### SUPPORT

19. J.C.P.R is a self-supported event on the mixed surface roads of Northwest Montana. Participants should carry necessary food, water, equipment, and/or money for resupply stores. Caching supplies along the course is not allowed. An approximate distance between resupply opportunities will be provide to participants.

20. Personal outside support is not allowed during the race. Family or friends being present out on the course, helping you with navigation via phone, or leaving drop bags will result in your disqualification.

21. Resupply at any commercially available store, receiving help from fellow participants is allowed and encouraged.

22. Drafting off of other event participants is allowed. Drafting off of a non-participant cyclist or off a motorized vehicle will result in disqualification from the event.

23. Have a plan for whom to contact in an emergency or in case you cannot finish the race and need to be picked up. Depending on your provider, cell service may be limited, or unavailable; be prepared to travel ???? miles to receive a signal. HAVE A PLAN AND KNOW HOW TO EXECUTE IT.

24. Personal Emergency communication devices such as the SPOT or Garmin InReach are allowed and it is encouraged that each participant carry such a device in case of an emergency. Cell service is very limited.

#### WITHDRAWING FROM THE RACE

25.Participants may, in the case of an emergency, mechanical failure, or other problem, be assisted by motorized transport. By accepting motorized transport, you will be automatically disqualified from the event.

26. If a participant needs to withdraw from the race, they must notify the race director via the supplied phone number. Don't leave us wondering where you are!

#### MONTANA STATE GRAVEL CHAMPIONSHIPS

27. This is awarded to the first female and male participant under the following provisions:

a)You must have been a full-time Montana State Resident for at least one year. No snowbirds, meaning you can't leave the state for a couple months when you don't like the weather.

b)You must hold a valid Montana State Library card.

c)Your bike must have drop style handle bars.

28. First overall Female and Male will be recognized. A General Classification of participants will be provided sometime after the conclusion to the ride.

# JOE COSLEY PANCAKE RIDE - v.9 WHEN: 07-12-2024, that's a Saturday. WHERE: TREGO PUB, TREGO MONTANA START: 4AM

# Please read the following details, as each year the ride route is different and there are usually a few things to abide by that are unique to each version.

This years ride once again takes a loop out of Trego and heads west out of the Salish Mountain Range, working its way southward through the Purcell Mountains. Then looping through the town of Libby, before heading back in a northerly direction and a bit east, taking you back to the Trego Pub. The last 8 versions of the Pancake Ride has covered 1100+ miles and have pretty much exhausted the route options through the Salish and Whitefish Mountain Ranges, so onto something new. Plus it's about time the J.C.P.R went past the 200 mile mark, we've come close on three occasions with 164, 167, and 174 mile rides.

The route is approximately 203 miles with 15,000'+ of climbing and descending. 70% dirt and 30% pavement road surfaces. There is no hike-a-bike, single track, the route is 100% ridable. About 130 miles of new roadway this year. Note that there is a 3 miles section that is not included in the route file. It is a short loop through Libby that offers you a resupply option, and there will be an on route verification procedure. Deviation starts at about the 141 mile mark where you will take a right and head on into town, then loop back onto the route. The route can be found here: <a href="https://ridewithgps.com/routes/48648698">https://ridewithgps.com/routes/48648698</a>

The route is preliminary, final route file will be made available after registration closes.

The route file will include Points of Interest (POI). These will mark important points of of information along the route. Such as, water, resupply options, hazards, aid stations..... Final route information and files will be updated after registration closes.

Course notes:

-Water sources are abundant along the route. It is advised that you carry a water purification device. Plenty of opportunities to fill up and stay hydrated.

-There will be an aid station at around the 65 mile mark. Water and a few snacks provided.

-The route will take you to two resupply options. A Conoco Station in Libby at mile 143 and the Kookanusa Marina at mile 165. The Kookanusa Marina has a small selection of snack foods, but also has a Bar and Grille, so you could call in ahead of time for a to go order, burger, fries and a Coors Light.

-The route visits two mountain top lookouts. Mt. Webb and Mt. Baldy. Great views.

-Management is pedaling in 25'. So unlike last year, in which the ride was "kinda" supported with a few Moto friends, helping folks out along the way. This years ride will not have any roaming Moto support. You need to be fully self sufficient.

-It is strongly recommended that you carry an emergency communication device, know how to use it and have a plan if something goes awry.

#### Schedule:

07-11-2024-Friday: Late afternoon-early evening, management will be around to answer questions.

07-12-2024-Saturday: Rider sign in up until 3:45AM. Ride departs at 4AM. We'll hang out until the last rider finishes. Food and beverage available at the Pub upon your return.

Registration:

-Open until April 1.

-Email Management at: joe@pancakeride.com with "Registration" in the subject line. You will then receive instructions on how to sign up.

Hanging out at the TREGO PUB:

Lani and Todd Swain have been more than accommodating with Pancake Ride for the past 6 years, and have not asked for anything for basing the event out of the pub. We do ask for a \$10.00 donation. There will be a jar for \$\$ or electronic payment information at sign in. This helps with port-a-potties and misc. Donations are on the honor system.

The Pub offers pizza, salads and sometimes a lunch and dinner special. Refreshments available, non-alcoholic, along with beer, wine and some mixed drinks.

You are welcome to camp at the pub, van, tent, just a sleeping bag....